



TIM FANCHER MEMORIAL 5K 8th ANNUAL WALK & RUN

Sunday, July 26, 2009 - 9:00 AM

RACE HEADQUARTERS: Greenwood Park in **GREAT BEND, PENNSYLVANIA**

DIRECTIONS: RTE 81 North or South to Exit 230. Turn Right on RT 11 - 1 Mile
Turn left at Kilrow Street. Greenwood Park is one block. **Follow Signs.**

COURSE: 3.1 miles through the streets of Great Bend. The start and finish are at GREENWOOD PARK.
The course is basically flat with a couple of small hills. **FAST COURSE.** Wheel-measured.
The race will be run in rain, snow, or even sunshine!!

OVERALL AWARDS: TOP 3 MALE/FEMALE FINISHERS - WALK & RUN

Awards will be Gift Certificates: \$50/\$40/\$30 Runners \$25/\$20/\$15 Walkers.

AGE GROUP AWARDS FOR 5K RUN: NO DUPLICATION OF AWARDS

MALE & FEMALE AGE GROUPS (1ST, 2ND, 3RD)

15 & Under, 16 - 19, 20 - 29, 30 - 39, 40 - 49, 50 - 59, 60 & Over

SLEEVELESS COOL-MAX SHIRTS TO FIRST 125 ENTRANTS

ENTRY FEE: \$13 PRE-REGISTER (received by July 25, 2009)

\$15 after July 25, 2009 with Shirt.

\$26 PRE-REGISTER IMMEDIATE FAMILY RATE (2 SHIRTS ONLY)

\$30 after July 25, 2008

Make checks payable to: **TIM FANCHER MEMORIAL 5K**

Mail to: **TOM HAMLIN**

RR#1 BOX 3094

BRACKNEY PA 18812

For Information: Call 570-663-2030 or twobigsandwiches@cs.com

Refreshments: will be provided at finish area. There will be a water stop.

RESULTS WILL BE POSTED ON www.2bigsandwiches.com ASAP.

DOOR PRIZES AND RAFFLES & CHICKEN BARBEQUE (\$\$\$).

KID'S FUN RUN AT 8:20 AM. ALL KIDS win a Ribbon & Book.

PROCEEDS WILL GO TO: the scholarship fund for Blue Ridge runners.

This scholarship is in Tim's name and memory.

FANCHER RUN - 5K at 9:00AM on July 26, 2009 in Great Bend, PA at Greenwood Park

In consideration of this entry being accepted, I, intending to be legally bound, waive and release any and all rights and claims for injuries that may occur at this event, against the organization holding the event, or any officials of the race. I am physically fit and have trained for this event.

NAME _____ M F AGE _____ BIRTH DATE _____

STREET _____ PHONE _____

CITY-STATE-ZIP _____ SHIRT SIZE M L XL

INTERNET ADDRESS _____ WALK or RUN

SIGNATURE OF RUNNER/WALKER _____

SIGNATURE OF PARENT OR GUARDIAN if under 18 _____

IN ADDITION - ALL WALKERS MUST SIGN THIS PLEDGE

AS A WALKER, I WILL WALK THE ENTIRE RACE.
NO RUNNING STEPS ARE ALLOWED, NOT EVEN ONE.

SIGNATURE OF WALKER _____

SIGNATURE OF PARENT OR GUARDIAN if under 18 _____